

Notification Date: September 9, 2025 Effective Date: September 9, 2025

# Catechol-O-Methyltransferase (COMT) Genotype, Varies

Test ID: COMTQ

**Explanation:** On the effective date, the Specimen Required will be updated to include additional information.

# **Current Specimen Required**

Multiple genotype tests can be performed on a single specimen after a single extraction. See <u>Multiple</u> <u>Genotype Test List</u> in Special Instructions for a list of tests that can be ordered together.

## Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube: Lavender top (EDTA)

**Specimen Volume:** 3 mL Collection Instructions:

1. Invert several times to mix blood.

2. Send specimen in original tube. **Do not** aliquot. **Specimen Stability Information:** Ambient (preferred)

9 days/Refrigerated 30 days

Specimen Type: Saliva

**Patient Preparation:** Patient should not eat, drink, smoke, or chew gum 30 minutes prior to collection. **Supplies:** Saliva Swab Collection Kit (T786)

Specimen Volume: 1 swab

Collection Instructions: Collect and send specimen

per kit instructions.

Specimen Stability Information: Ambient 30 days

Specimen Type: Extracted DNA Container/Tube: 2 mL screw top tube Specimen Volume: 100 mcL (microliters)

**Collection Instructions:** 

1. The preferred volume is 100 mcL at a concentration

of 50 ng/mcL.

2. Include concentration and volume on tube. **Specimen Stability Information:** Frozen

(preferred)/Ambient/Refrigerated

#### **New Specimen Required**

Multiple genotype tests can be performed on a single specimen after a single extraction. See <u>Multiple</u> <u>Genotype Test List</u> for a list of tests that can be ordered together.

## Submit only 1 of the following specimens:

Specimen Type: Whole blood

Container/Tube: Lavender top (EDTA)

**Specimen Volume**: 3 mL Collection Instructions:

1. Invert several times to mix blood.

2. Send whole blood specimen in original tube. **Do not** 

aliquot.

**Specimen Stability Information:** Ambient (preferred)

4 days/Refrigerated 4 days/Frozen 4 days

# **Additional Information:**

1. Specimens are preferred to be received within 4 days of collection. Extraction will be attempted for specimens received after 4 days, and DNA yield will be evaluated to determine if testing may proceed.

2. To ensure minimum volume and concentration of DNA is met, the requested volume must be submitted. Testing may be canceled if DNA requirements are inadequate.

Specimen Type: Saliva

**Patient Preparation**: Patient should not eat, drink, smoke, or chew gum 30 minutes prior to collection. **Supplies**: Saliva Swab Collection Kit (T786)

Specimen Volume: 1 Swab

**Collection Instructions**: Collect and send specimen

per kit instructions.

Specimen Stability Information: Ambient (preferred)

30 days/Refrigerated 30 days

**Additional information**: Saliva specimens are acceptable but not recommended. Due to lower

quantity/quality of DNA yielded from saliva, some aspects of the test may not perform as well as DNA extracted from a whole blood sample. When applicable, specific gene regions that were unable to be interrogated will be noted in the report. Alternatively, additional specimen may be required to complete testing. Specimen Type: Extracted DNA Container/Tube: Preferred: Screw Cap Micro Tube, 2 mL with skirted conical base Acceptable: Matrix tube, 1 mL **Collection Instructions:** 1. The preferred volume is at least 100 mcL at a concentration of 75 ng/mcL. 2. Include concentration and volume on tube. Specimen Stability Information: Frozen (preferred) 1 year/Ambient/Refrigerated Additional Information: DNA must be extracted in a CLIA-certified laboratory or equivalent and must be extracted from a specimen type listed as acceptable for this test (including applicable anticoagulants). Our laboratory has experience with Chemagic, Puregene, Autopure, MagnaPure, and EZ1 extraction platforms

report.

# Questions

Contact Michelle Raths, Laboratory Resource Coordinator at 800-533-1710.

and cannot guarantee that all extraction methods are compatible with this test. If testing fails, one repeat will be attempted, and if unsuccessful, the test will be reported as failed, and a charge will be applied. If applicable, specific gene regions that were unable to be interrogated due to DNA quality will be noted in the